PERIOPERATIVE CARE
OF THE OLDER PERSON
SATURDAY, 10 NOVEMBER 2012
JOINTLY ORGANISED BY THE SARB AND THE BSGG

THERMAE PALACE HOTEL, OSTEND
Annual Meeting of the Society
of Anesthesia and Resuscitation of Belgium (SARB)
&
Meeting of the Belgian Society
of Gerontology and Geriatrics (BSGG)
**SARB 2012 Board**

- Luc Barvais  
- Luc Foubert  
- Patrick Wouters  
- Luc Herregods  
- Vincent Bonhomme  
- Jean-François Brichant  
- Marc De Kock  
- Jacques Devulder  
- Jan Poelaert  
- Marc Van de Velde  
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**Secretary-General**  
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**Member**  
**Representative of BAPA**  
**Representative of BARA**

**International Guest Speakers**

- Gilbert Blaise  
- Michel Struys  
- Betty Veering  

**Montréal, Canada**  
**Groningen, Nederland**  
**Leiden, Nederland**

**SARB Secretariat**

- UGent  
- Anesthesia  
- De Pintelaan 185, 9000 Gent  
- E-mail: bvar.sbar@ugent.be

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**BSGG 2012 Board**

- Jean Petermans  
- Ivan Bautmans  
- Marie-Claire Van Nes  
- Nele Van Den Noortgate  
- Nicolas Berg  
- Jean-Pierre Baeyens  
- Steven Boonen  
- Christian Gilles  
- Christophe Lafosse  
- Tony Mets  
- Christian Swine  
- Thierry Peipersack  
- Maurits Vandewoude  
- Raf Van Hoeyweghen  

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**Past-President**  
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Welcome

For the sixth consecutive meeting in the Thermae Palace in Ostend, we have the pleasure to welcome you to this joint organisation of the Belgian Society of Anesthesia and Resuscitation (SARB) and the Belgian Society of Gerontology and Geriatrics (BSGG). Thanks to this joint effort, we expect to welcome no less than 800 participants this year.

The part of older patients undergoing minor and major surgery is increasing everywhere and certainly in Belgium. Age is no more a contraindication for anaesthesia but frailty in the ageing is an important factor of morbidity, particularly in the setting of surgery. Foreign and Belgian speakers and trainers who are expert in this field will share their experience with you.

Moreover a newly developed free software dedicated for App or android mobile phone will be distributed to all the participants. It allows computing and stratifying the perioperative risk of the old patient using the Edmonton frailty scale. After the enthusiastic success of the past satellite symposium for the nurses working with us in the OR, in the PACU or outside the OR, we have decided to programme a satellite symposium focused on the perioperative care of the older patient. This symposium will be given alternately in Dutch and in French at a really low cost. Please promote this information to all the nurses who are working with you.

Finally, during the afternoon, a round table will allow the perioperative nurses associations and the representatives of the Belgian government to present their opinions on the concept of the ‘Nursing Aid Specialized in Anesthesia and Resuscitation’ which has been published this year in the Acta Anaesthesiologica Belgica. This is of major concern for the future of our profession.

On behalf of all the board members of the SARB and BSGG societies, we wish you an enjoyable and interesting meeting!

Luc Barvais          Jean Petermans          Luc Foubert          Marc De Kock          Luc Herregods
Floor Plan

Sea Side

Leopold III Workshop Area
Astrid Workshop Area
Permanent Coffee
Restaurant Catering
Hotel Reception
Elevator
Barrier
Pay Parking

Albert Hall
Wellington Room
Registration Desk

Pay Parking at Thermae Palace
Free Parking at Kinepolis

Boudewijn Nursing Meeting
Catering Bar
Fabiola Major Sponsors
<table>
<thead>
<tr>
<th>Time</th>
<th>Albert Hall</th>
<th>Boudewijn Room (Nursing)</th>
<th>Astrid Room</th>
<th>Leopold III Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>08.45</td>
<td>Introduction: Demographics</td>
<td></td>
<td>Workshop Anesthesia Simulator</td>
<td>Workshop Echocardiography</td>
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<tr>
<td>09.00</td>
<td>Session I</td>
<td>09.15 Nurses Program</td>
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<tr>
<td>10.15</td>
<td>Coffee Break</td>
<td>10.30 Coffee Break</td>
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<tr>
<td>10.45</td>
<td>Session II</td>
<td>11.00 Nurses Program</td>
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<td></td>
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<tr>
<td>12.25</td>
<td>Lunch</td>
<td>11.45 Discussion</td>
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<tr>
<td>14.30</td>
<td>Session III</td>
<td>12.00 Lunch Break</td>
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<tr>
<td>16.15</td>
<td>Discussion</td>
<td>14.00 Round Table</td>
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11.30 Workshop B1 NL + B1 FR  
12.30 Workshop B2 NL + B2 FR  
13.30 Workshop B3 NL + B3 FR
Albert Hall

08.45  Introduction: Demographics  
       Luc Barvais, President

PREOPERATIVE
Chairmen: Marc De Kock, anaesthesiologist, UCL;  
          Thierry Pepersack, geriatrician, ULB

09.00  The concept of frailty and the care program  
        for hospitalized geriatric patients  
       Pascale Cornette, geriatrician, UCL

09.25  The concept of ‘prehabilitation’  
        Gilbert Blaise, anaesthesiologist,  
        Centre Médical Multinnova Montréal, Canada

09.50  Nutritional intervention  
        Sandra De Breucker, geriatrician, ULB

10.15  Coffee Break – Visit of the Exhibition & Posters

PEROPERATIVE
Chairmen: Marc Vandevelde, anaesthesiologist, KUL;  
          Jean Petermans, geriatrician, ULg

10.45  Aging and the cardiovascular system  
        Patrick Wouters, anaesthesiologist, UGent

11.10  Operative stress and muscle function  
        Tony Mets, geriatrician, VUB

11.35  Pharmacology of anaesthesia in the elderly  
        Michel Struys, anaesthesiologist, Groningen (NL)

12.00  General or locoregional anaesthesia  
        Bernadette Veering, anaesthesiologist, Leiden (NL)

12.25  Lunch Break – Visit of the Exhibition & Posters

POSTOPERATIVE
Chairmen: Jean-François Brichant, anaesthesiologist, ULg;  
          Tony Mets, geriatrician, VUB

14.00  Prevention of delirium  
        Jean Petermans, geriatrician, ULg

14.55  Pain in the older persons  
        Patricia Lavand’homme, anaesthesiologist, UCL

15.20  Infection control in the postoperative period  
        among old patients  
        Didier Schoevaerdt, geriatrician, UCL Mont-Godinne

15.45  Ethics: do-not-resuscitate policy in the  
        perioperative period  
        Martine De Laat, anaesthesiologist, UGent

16.15  DISCUSSION

16.30  Adjourn and farewell drink  
        Luc Foubert, Vice-President
Boudewijn Room (Nursing)

NURSES PROGRAM
Chairmen: Luc Foubert, anaesthesiologist, OLVZ Aalst; Nele Van Den Noortgate, geriatrician, UGent

09.15  Nursing management of delirium in older surgical patients
What can the ‘care program for the geriatric patients’ offer during the perioperative period?
Example of delirium prevention
Koen Milisen (KUL) NL, Béatrice Leruste (ULB) & Eric Lechanteur (UCL) FR

10.00  Pharmacology in the elderly
Vincent Umbrain (VUB) NL, Luc Van Obbergh (ULB) FR

10.30  Coffee Break – Visit of the Exhibition & Posters

11.00  Pain assessment in the elderly
Johan De Coster (KUL) NL, Arnaud Steyaert (UCL) FR

11.45  DISCUSSION

12.00  Lunch Break – Visit of the Exhibition & Posters

ROUND TABLE
14.00  Nursing Aid in Anaesthesia and Resuscitation (NASAR) in Belgium: why, how, when...
- Luc Barvais (president SARB),
- Edith Collard (UCL),
- Luc Foubert (vice-president SARB),
- Myriam Pietroons (AFISO),
- Jan Poelaert (SARB),
- Luc Van Obbergh (APSAR),
- Monique Van Hiel (president VVOV),
- René Heylen (APSAR),
- Cathy Delannoy (director ISEI),
- Cecile Fontaine (expert FOD Volksgezondheid),
- Anne-Marie Sole-Gérard (president CNAI),
- Miguel Lardennois (coordinator FRKVA)

Astrid Room and Leopold III Room (Workshops)

WORKSHOPS

A. Echocardiography for anaesthesiologists: hands-on training with simulator (Leopold III Room)
Patrick Wouters, Michel Van Dijck, Stefaan Bouchez

B. Anaesthesia and the elderly: full scale anesthesia-simulator training (Astrid Room)
Fernande Lois, Audrey Pospiech, Luc De Baeremaeker

11.30  group 1
12.30  group 2
13.30  group 3

Workshops run simultaneously in French and Dutch. Each workshop is limited to 10 participants.

Grants & Awards
Submission deadline: September 30, 2012
- Best Poster Award
- Best Publication Award
- Research Grant
- Fresenius Kabi, Award 2012
- Anesthesia Research Award 2012 granted by MSD

Further information is available here: www.sarb.be
Registration

SARB members are offered free registration until 31 October 2012. Registration is nevertheless requested to allow optimal planning of the catering.

Until 31/10/2012 As of 1/11/2012

Members BSGG € 100.00 € 120.00
Members SARB € 0.00 € 50.00
Non-members € 170.00 € 200.00
Trainees € 100.00 € 120.00
Nurses € 50.00 € 60.00
Workshop € *20.00 € *20.00

* Trainees and nurses can also participate in the workshops.
Workshop registration will be handled on a “first come first served” basis.

Registration at the venue: prices “as of 1/11/2012” + € 50.00

Payment
- By bank transfer:
  Account Name: Congress
  IBAN: BE07 123680089466 - BIC:OBKB BE 99
  Bank: BMOV Onderling Beroepskrediet
  Bank address: Graaf Van Vlaanderenplein 19, B 9000 Gent
- By credit card: All major credit cards are accepted.
Registration fees do not include SARB membership.

Cancellations
Cancellations received before 31 October 2012 will be refunded minus € 25.00 covering administration costs. Name substitutions are accepted at any time at an extra charge of € 25.00.

General Information

Venue
Thermae Palace Hotel
Koningin Astridlaan 7, 8400 Ostend
www.thermaepalace.be

Where to park?
The Thermae Palace has its own private pay car park located on both sides of the hotel on the Koningin Astridlaan. Free parking can be found along the street. More parking is available at the Kinepolis cinema complex across the street.

Language
The official language of the meeting is English. The Satellite Symposium for nurses is in French and Dutch. The Workshops are in French and Dutch.

Accreditation and Certificates
Name of the Organiser: SARB
Person in charge: L. Herregods

Participants will receive certificates of attendance, including accreditation details. Certificates will be available as of 15.00 hrs.

Liability
By attending the meeting and/or exhibition organised in conjunction with the meeting, participants and exhibitors agree that neither the Organising Committee nor the Administrative Secretariat assume any liability, participants and exhibitors are advised to organise their own insurances.